



Form of Proxy – Annual and Special Meeting to be held on August 25, 2023

Trader's Bank Building
702, 67 Yonge Street
Toronto, ON M5E 1J8

Appointment of Proxyholder

I/We being the undersigned holder(s) of **The Hempshire Group Inc.** ("the Corporation") hereby appoint Alex Shegelman, the Chief Executive Officer of the Corporation or failing this person, William Hahn, the Chief Financial Officer of the Corporation.

OR

Print the name of the person you are appointing if this person is someone other than the Management Nominees listed herein:

as my/our proxyholder with full power of substitution and to attend, act, and to vote for and on behalf of the holder in accordance with the following direction (or if no directions have been given, as the proxyholder sees fit) and all other matters that may properly come before the **Annual General and Special Meeting** (the "**Meeting**") of shareholders of the Corporation to be held on **August 25, 2023** virtually via **Zoom** (<https://zoom.us/j/92226816076?pwd=UHduUFhGRXN1UDArWHZNRnQ4K29CUT09&from=addon>; Meeting ID: 922 2681 6076; Passcode: 443704) at 10:00 a.m. (**Calgary time**) or at any adjournment or postponement thereof.

- | | | | |
|--|--------------------------|--------------------------|--------------------------|
| 1. Number of Directors. To fix the number of directors to be elected at the Meeting at four (4). | For | | Against |
| | <input type="checkbox"/> | | <input type="checkbox"/> |
| <hr/> | | | |
| 2. Election of Directors. | For | Withhold | |
| a. Alex Shegelman | <input type="checkbox"/> | <input type="checkbox"/> | |
| b. Jeff Ragovin | <input type="checkbox"/> | <input type="checkbox"/> | |
| c. Samuel Isaac | <input type="checkbox"/> | <input type="checkbox"/> | |
| d. Jason Warnock | <input type="checkbox"/> | <input type="checkbox"/> | |
| <hr/> | | | |
| 3. Appointment of Auditors. To appoint MNP LLP, as auditors of the Corporation for the ensuing year, at a remuneration to be fixed by the board of directors. | For | | Withhold |
| | <input type="checkbox"/> | | <input type="checkbox"/> |
| <hr/> | | | |
| 4. Stock Option Plan. To ratify and confirm the amended and restated stock option plan of the Corporation and prior grants of options thereunder, as described in the management information circular of the Corporation dated July 25, 2023 (the " Information Circular "). | For | | Against |
| | <input type="checkbox"/> | | <input type="checkbox"/> |
| <hr/> | | | |
| 5. Share Award Plan. To ratify and confirm the share award incentive plan of the Corporation and prior grants of shares thereunder, as described in the Information Circular. | For | | Against |
| | <input type="checkbox"/> | | <input type="checkbox"/> |
| <hr/> | | | |
| 6. Securities for Services. To ratify and confirm the issuance of securities of the Corporation pursuant to shares for services agreements between the Corporation and certain officers and former officers of the Corporation. | For | | Against |
| | <input type="checkbox"/> | | <input type="checkbox"/> |

Authorized Signature(s) – This section must be completed for your instructions to be executed.

Signature(s):

Date

I/we authorize you to act in accordance with my/our instructions set out above. I/We hereby revoke any proxy previously given with respect to the Meeting. If no voting instructions are indicated above, **this Proxy will be voted as recommended by Management.**

_____ / /
MM / DD / YY

Interim Financial Statements – Check the box to the right if you would like to **RECEIVE** Interim Financial Statements and accompanying Management's Discussion & Analysis by mail. See reverse for instructions to sign up for delivery by email.

Annual Financial Statements – Check the box to the right if you would like to **DECLINE** to receive the Annual Financial Statements and accompanying Management's Discussion and Analysis by mail.

This form of proxy is solicited by and on behalf of Management of The Hampshire Group Inc.

Proxies must be received by 10:00 am (Calgary time), on August 23, 2023.

Notes to Proxy

1. Each holder has the right to appoint a person, who need not be a holder, to attend and represent him or her at the Meeting. If you wish to appoint a person other than the persons whose names are printed herein, please insert the name of your chosen proxyholder in the space provided on the reverse.
2. If the securities are registered in the name of more than one holder (for example, joint ownership, trustees, executors, etc.) then all of the registered owners must sign this proxy in the space provided on the reverse. If you are voting on behalf of a corporation or another individual, you may be required to provide documentation evidencing your power to sign this proxy with signing capacity stated.
3. This proxy should be signed in the exact manner as the name appears on the proxy.
4. If this proxy is not dated, it will be deemed to bear the date on which it is mailed by Management to the holder.
5. The securities represented by this proxy will be voted as directed by the holder; however, if such a direction is not made in respect of any matter, this proxy will be voted as recommended by Management.
6. The securities represented by this proxy will be voted or withheld from voting, in accordance with the instructions of the holder, on any ballot that may be called for and, if the holder has specified a choice with respect to any matter to be acted on, the securities will be voted accordingly.
7. This proxy confers discretionary authority in respect of amendments to matters identified in the Notice of Meeting or other matters that may properly come before the meeting.
8. This proxy should be read in conjunction with the accompanying documentation provided by Management.

INSTEAD OF MAILING THIS PROXY, YOU MAY SUBMIT YOUR PROXY USING SECURE ONLINE VOTING AVAILABLE ANYTIME:



To Vote Your Proxy Online please visit:
<https://login.odysseytrust.com/pxlogin>

You will require the CONTROL NUMBER printed with your address to the right.

If you vote by Internet, do not mail this proxy.

To request the receipt of future documents via email and/or to sign up for Securityholder Online services, you may contact Odyssey Trust Company at

www.odysseycontact.com.

Voting by mail may be the only method for securities held in the name of a corporation or securities being voted on behalf of another individual. A return envelope has been enclosed for voting by mail.

Shareholder Address and Control Number Here